

SAI CONQUISTAR



NEWS LETTER

Vol. II | Issue 2 | December 2024

SAI MATRICULATION HR. SEC. SCHOOL

MADIPAKKAM,
CHENNAI - 600 091



November
Edition

Sairam
SCHOOLS



Sairam
RAISE

Inspiring PEOPLE

Sairam
EOMS

Improving PROCESS

Sairam
SDG ACTION PROGRAM

Instilling PURPOSE

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UNLEASHING THE POWER OF FOCUS

CHIEF EDITOR : MR. G. ASHOK,
PRINCIPAL

EDITOR : MRS. J. LEEMA ROSE CAROLINE
HEAD OF THE ENGLISH DEPARTMENT

sairam@saischool.edu.in

A LEADER, A LEGEND, A LEGACY...

**பணிவின்
ரிசு**

தாயிடம் பணிந்தேன்
அன்பு கிடைத்தது
தந்தையிடம் பணிந்தேன்
அறிவு கிடைத்தது
ஆசிரியரிடம் பணிந்தேன்
கல்வி கிடைத்தது
அயலாருடன் பணிந்தேன்
நல்ல நட்பு கிடைத்தது
கடவுளிடம் பணிந்தேன்
அருள் கிடைத்தது...

நூலின் பெயர் : கலைமுத்துக் களஞ்சியம்
தொகுப்பாசிரியர் : திருமதி. கலைச்செல்வி லியோமுத்து

JOURNEY TO VICTORY...

The legacy of our Guiding star MJF. LEO MUTHU, A **monthly Chronicle**.

Every great leader leaves behind a story that inspires generations. Some lives are so extra-ordinary that leave an indelible mark on society. MJF. LEO MUTHU, a visionary leader philanthropist and educationist, is one such personality.

Our charismatic leader MJF LEO MUTHU's autobiography offers a fascinating foot prints to the coming generations. From his early days as a young entrepreneur to his rise as a founder father of SAIRAM INSTITUTIONS his story is an inspiration to all.

To honour his legacy, we are excited to present a **monthly chronicle** of his resilient life. This series will bring to light of our Guiding Star MJF LEO MUTHU's dedication perseverance and contribution to the society.

EARLY LIFE

M. JOTHIPRAKASAM was born to KG Manickam, Nagalakshmi on 2nd April 1952 to Thiruthuraipoondi village Tiruvarur District, Tamilnadu popularly known as LEO MUTHU. He Started is career in Real Estate 1975 and became highly successful entrepreneur.

Despite being highly successful businessman, he always found enough time to serve the society.

His mantra is always



To be continued....

A TRIBUTE TO OUR FOUNDER FATHER

In the heart of learning, he lit a flame,
A guiding star with a cherished name!
Through schools and trusts, his visions grew,
To bring knowledge and hope to many anew!

He opened doors and paths untold,
Where young minds shine & dreams unfold.
From classrooms and labs, to practical-life skill
He built foundations with strength & will!

A true leader who cared for those in need
He sowed the future with every deed!
Lands and homes to the helpless he gave....
A life devoted, so many to save!

In Temples, Camps and Scholarships vast....
His kindness echoes & his impact will last!
"Nothing is impossible", he'd often proclaim,
Truly, the words of wisdom that spark the flame!
Forever, we'll honour the path he showed,

OUR GUIDING STAR
MJF.Ln.Leo Muthu
Founder Chairman - Sairam Institutions

our eternal ode!



S. JAYASREE, XI std



AFTER SCHOOL ACTIVITIES

Mon : Tutoring 6th to 9th std
Wed : Drums class
Thur & Fri : Guides training

Upcoming Events

- * Christmas Celebrations
- * House Competitions
- * SDG - Economy Governance

Environmental science : Recycling Grey water - can plants Tolerate it? for VI & VII.

Technology learning : The history and evolution of the interval for VIII & IX

Perseverance, Persistence, Perfection

Editorial

Dear Readers,

We are delighted to present our November Edition 2024 NEWSLETTER.

This NEWSLETTER captures and recaptures the momentous moments of our fruitful school journey.

“Learning is a joyful journey”. Our school is a temple of learning and our children are the incarnation of God. We preach love, kindness, hard work, devotion, dedication, passion and compassion to our students’.

We are not restrict with academics because we know that “Academics and Celebrations are two sides of same coins”.



This year, we are accelerated with growth in academic and non academic and proved that academic and celebrations are not oxymoron’s but two sides of a same coin.

We felt delighted that our Sai school seeds is being sown all over the world and made the universe more dazzling.

We are proud that more than three and a half decades in the field of education gave us a great opportunity to create “Leaders, Noble Laureates, Scientists, Movie Makers, CEOs, Doctors and Engineers.

This NEWSLETTER CONQUISTAR recapitulating the eventful journey of hitherto days. As you go through the pages of this Newsletter, you will recollect the memory lane cherishing the beautiful memories and surely feel connected to the real.

Hope you enjoy the masterpiece !
Happy reading.

G. ASHOK,
Principal
Chief Editor

FROM THE HEADMASTER'S DESK...

From the Head Master.

Dear Students, Parents and Teachers, Greetings from Sai Matriculation Higher Secondary School!

It has been a wonderful academic year for our school with a lot of curricular and co-curricular activities happening during the course of the year with the active involvement of students and teachers. True to the ethos of the founding father Late Leo Muthu, the school has been able to maintain its splendid performance not only in academics but also in sports and cultural events. Our school strives to provide competency-based education .



Competency-based education’s underlying premise is that what students know and can do is more important than how long it took to learn. Competency - based education seeks to reward students for their knowledge and equip them with skills which they can immediately use in an academic environment. Public exams are round the corner and every student's single-minded focus should be to prepare and perform well in the ensuing public exams .
With seasons greetings and best wishes.

M.Thillai Chithambara Thanu
Head Master

PROUD MOMENTS

We are thrilled to announce that our alumnus student R.JIVITESH has achieved a remarkable feat for getting placement in the prestigious Cambridge University as a Genomics Assistant.

This outstanding achievements is a testament to Jivitesh’s dedication, perseverance and academic excellence.

Today, Genomic Assistant Jivitesh remain a proud alumnus, and his success reflects the quality of education where he acquires in SAI GARDEN.



School Annual Day is one of the Mega Event of the school. The 36th ANNUAL DAY is the



culmination of its academic year. It was celebrated on 26th October 2024, at Sai Ram Engineering College in the gracious presence of our Dr. SAI PRAKASH LEOMUTHU , Chairman and CEO, Sairam Group of Institutions, Mr. SATISH KUMAR, CBO and Mr. K. NARESH RAJ, CIO, Sairam Institutions and other dignitaries.



Our honourable principle congratulated the students and teachers for their ceaseless efforts and also commended the unstinted support from the parents. He proudly gave out the board results accomplishments.



Dr. SAI PRAKASH LEO MUTHU, CEO expressed his best wishes to the students and encouraged them with his ethereal presence.

Unveiling the Newsletter.

This newsletter captured our School Journey, achievements and community spirit. It was unveiled by the Moguls and Dignitaries.



The program started with the lighting of the lamp and honouring the Chief Guest with a bouquet. Mr. Muthuvairavan, CSO, Sairam Institutions, gave an introductory address followed by Our Charismatic Principal Mr. G. Ashok, presented the Academic achievements of students and teachers during the Academic year 2023-24.



The honour of unveiling the newsletter was bestowed upon the Chief Guest Kavignar Mr. SNEHAN and Other dignitaries, who illuminate the issue of the first copy to an enthusiastic audience.

The pages showcase various highlights, from academic accomplishments competitions, celebrations and student's dossier.



A Spectator's Delight

Welcome dance is always a "Bharatanatyam Bliss" which showcased the traditional Indian Epic made the audience mesmerising.

Students' Jaw dropped dance performance made the Annual Day program into grand success.

It's not just a program but one of the important celebrations of our school's journey, values and vision for the future.



Kavignar Mr. SNEHAN, Renowned poet, enthralled the audience with his special note on student's life. He proudly said that the school has achieved several milestone in the past years, and I hope it will extend beyond academics to shape individuals. Next the program proceeded with KPY Fame RAMAR, Comedian, entertained the audience with his humorous speech.



Divine Dance - a captivating performance by our I & II std students, showcased the beauty and elegance of traditional dance. Our kids took us to the world of wonder and enchantment with their mesmerizing movements and expressions.



Prize distribution ceremony for the Students' Toppers, were distributed to the students, who excelled in Academics. The parents were overwhelmed with pride to see their children shinning on the stage.



The Patriotic Dance : A TRIBUTE TO OUR NATIONS

The deep sense of Pride and love for our country depicts in this dance. This unforgettable dance was not just performance but heart felt expression of love and respect for our Motherland



The grand finale, an exuberant group performance, was a perfect culmination of the evening's celebrations. It met with resounding applause, a testament to the hard work and dedication of the performers and their choreographers.

This year's dance performances truly reflected the spirit of the Annual Day - an unforgettable celebration of talent, creativity, and togetherness.



Horror Dance:

Thrilling performance that chilled the Audience The performance was spine-tingling spectacle that left the audience spellbound. Combining eerie music, dramatic lighting and haunting choreography, brought sense of fear and fascination to the stage.



VARALAKSHMI KALASAM

Celebrating Tradition with Varalakshmi Kalasam. We conducted a competition for parents making Varalakshmi Kalasam.

Parents were invited to make Kalasam. They completed the Varalakshmi Kalasam with unique style, creativity and cultural interpretations.

Each Kalasam was judged based on creativity, traditional elements, aesthetic appeal and presentation.

Parents were awarded prizes for the competitions. All were delighted and shared their experiences with each other.

Varalakshmi Kalasam is kept with Golu figurines and worshiped daily.



Raval, Rejoice, Radiance...



Dussehra, also known as Vijayadashami, is one of the most significant festivals celebrated across India. It is a vibrant and joyous occasion.

At the beginning of the festival, dolls, toys and figurines are displayed in a specially constructed stage in our school.

The stage was adorned with lights decorations and the atmosphere is filled with songs and music.

The festival also involves community gathering, for all the nine days. It is a special time for the teachers and students to come together, celebrate and think about the value of bravery, loyalty and truth.

This festival always reminder us the values of justice and righteousness that continue to inspire and lead us.



VIJAYADASHAMI

A NEW BEGINNING....

Harvesting knowledge and sowing success.

We welcomed our small kids with a commitment to provide an education to prepare them for success in all aspects of life. We look forward synergizing with parents to create a bright and promising future for our young learners."

CHILDREN'S DAY



Sweets were distributed to the students on 14th November



DIWALI : A celebration of Love, and Learning

Our school celebrated the festive occasion of Deepavali, the festival of lights. This joyous celebration is a wonderful opportunity for our students to learn about the rich cultural heritage and traditions of our country.



BELIEVE IN MAGIC

MOTIVATIONAL SPEECH



நன்றி பாராட்டுதல்

Believe in Magic, Our Management organized a motivational speech on 25th November for the students of IX to XII Std. The event inspired our students. The speaker Dr. KARTHIK VELU, Psychological Life Skill Trainer, CEO of one life - one chance Life Skill Academy, a popular motivational expert, shared his personal experiences and his success stories.

Dr. Karthik Velu started the program by inviting the students to light the lamp as there are "Leaders of Tomorrow".

Next, he beckoned the teachers to illuminate the lamp. Our honorable Principal Mr. G. Ashok, Senior Principal Mr. Myilvaganam Sai Ram Vidyalaya School, enkindle the lamp.

He started his speech, life is a canvas, and every day is a chance to paint your masterpiece and he continued his talk by saying that Road to success is never a straight lines. It is a journey filled with, learning, growth and perseverance.

Dr. Karthik Velu also insisted the students not to give up. Because every great success story started with a single step, a single decision and a single act of courage.

Students felt delighted and stated that they enjoyed thoroughly and found it to be inspiring and engaging.

In between the session, the students took notes and asked questions.

Furthermore, students loved the way the speaker used Tamil songs to drive home the message.

The students appreciated and quoted that they should focus on their strength and keeping working towards their dreams without fear.

The speech effectively inspired the students, helping them to embrace optimism and resilience in their pursuits.



முயன்றால் முடியாதது எதுவும் இல்லை. ஊக்கமும் ஆக்கமும் எப்போதும் தேவை என்பதை உணர்ந்த எங்களுடைய தாளாளரின் எண்ணத்தை நனவாக்கிக் கொண்டிருக்கும் அனைத்து நிர்வாகிகளுக்கும் சின்ன சின்ன விஷயங்களிலும் சந்தோசம் உள்ளது - ஆனால் சந்தோசம் என்பது சின்ன விஷயம் அல்ல. வெற்றி வந்தால் பணிவு அவசியம் தோல்வி வந்தால் பொறுமை அவசியம் எதிர்ப்பு வந்தால் துணிவு அவசியம் எது வந்தாலும் நம்பிக்கை அவசியம் வட்டம் போட்டு வாழ்வது அல்ல வாழ்க்கை நேரத்திற்கு ஏற்றார்போல் திட்டம் போட்டு வாழ்வது தான் சிறந்த வாழ்க்கை என்பதை மிக தெளிவாக எடுத்துக் கூறி அமர்ந்திருக்கும் டாக்டர். கார்த்திவேலு அவர்களுக்கும் நல்ல விதை விதைத்தால் செடி நன்றாக வளர்ந்து நல்ல பலனைக் கொடுக்கும். அதுபோல நல்ல எண்ணங்கள் உங்களுக்குள் இருந்தால் தான் வாழ்க்கை பிரகாசமாயிருக்கும் என்பதை உணர்ந்து இந்த நிகழ்ச்சியை ஏற்பாடு செய்த CEO - டாக்டர். சாய் பிரகாஷ் லியோ முத்து அவர்களுக்கும், நம்பிக்கை என்பது வெற்றியோடு வரும் வெற்றி என்பது நம்பிக்கை உள்ளவர்களுக்கு மட்டுமே வரும். தேன் கூட்டில் இனிப்பது தேனல்ல உழைப்பு, கூட்டை பிளந்து வெளியே வருவது குஞ்சுகளல்ல விடாமுயற்சி, பாறைகளின் இடுக்குகளில் வளர்வது தாவரங்கள் அல்ல தன்னம்பிக்கை, தோல்வி உங்களைத் துரத்தினால் வெற்றியை நோக்கி ஓடுங்கள் என்று நல்ல ஓட்டத் பாதையில் பயிற்சி அளிக்கும் நமது CBO, CIO, CSO, Connoisseur மற்றும் Academic Coordinator அவர்களுக்கு பட்டமாய் பறக்கும் உங்களுக்கு நூலாய் இருப்பவர்கள் ஆசிரியர்கள் தான். ஏன் தெரியுமா? அவர்கள் எப்போதும் நூலோடு இருப்பதால்தான் அவர்கள் சொல்லும் மந்திர வார்த்தை எல்லாம் தலையெழுத்தெனப் படிக்காதே, படித்தால் தலையெழுத்தே மாறும் என படி என்று உங்களுக்குள் உங்களுக்காக இருக்கும் ஆசிரியர்களுக்கும் மற்றும் இதர பள்ளி நிர்வாகத்தினர் அனைவருக்கும் நன்றி கூறி விடைப் பெறுவது. உங்கள்

வேதியியல் துறை தலைவர்
சீவ. விஜி

WILDLIFE DAY

On 4th October 2024, World Wild life Day is celebrated in our school, to know the of importance of conserving wildlife and their habitats. The students of IX and XII std went rally in and around the school. It is a perfect blend of education and creativity, students engaging themselves in a variety of activities on this awareness day.



PATTAM

Dinamalar organised Vinadi Vina Quiz Program

The Dinamalar Pattam VENADI VENA QUIZ COMPETITION is a school level event organized by Dinamalar Student Edition in collaboration with the Chennai Institute of Technology.

The competition includes multiple rounds, starting with preliminary tests held among schools. Students compete in teams, with the top performers advancing to regional and final rounds. The event focuses on enhancing general knowledge and competitive skills among students. 150 schools' participated across Tamil Nadu and Puducherry.



VII to VIII std students participation in Vinadi Vina Quiz Program

Solar Energy

Empowering Communities with Solar energy Awareness Together, let's embrace solar power for a greener future



Our Students are actively raising awareness about the importance of solar energy among neighbors around our school. Through informative campaigns, demonstrations, and discussions.

They are encouraging households to adopt clean, renewable energy solutions. This initiative not only supports environmental sustainability but also inspires the community to reduce reliance on non-renewable resources.



STRIVE FOR EXCELLENCE

SAI CONQUISTAR

NEWS LETTER



Active, Proactive, Productive...

HOUSE COMPETITIONS

RESIDENTIAL TRIBUTE TO THE TAMIL LITERARY GIANTS

This tribute acknowledges the significant contributions to Tamil literature and culture.

தந்தை மகற்காற்று நன்றி அவையத்து முந்தி இருப்பச் செயல். (சூயிஎ - 67) - THIRUVALLUVAR

அரசியல் பிழைத்தோர்க்கு அறம் கூற்றாகும். - ILLANGOVDIGAL

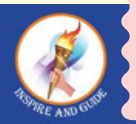
கைவண்ணம் அங்குக் கண்டேன் கால்வண்ணம் இங்குக் கண்டேன்! - KAMBAR

“வாழ்க நிரந்தரம் வாழ்க தமிழ்மொழி வாழிய வாழிய வே!” - BHARATHIYAR

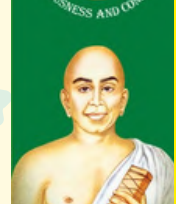
House competitions is conducted every month from I std to XII std students, learn to work collaboratively towards common goal this competitions also promotes a sense of unity and pride.



BHARATHIYAR



THIRUVALLUVAR



ILLANGOVDIGAL



KAMBAR



“The Harder the Battle the Sweeter the victory”

Apart from teaching the good values, sportsmanship, spirit of competition, team spirit, co-operation and discipline is also taught. Our boys and girls participated in the games and cultural activities, it is the most interesting and the most spirited part of the whole event. “Talent wins games, but teamwork and intelligence wins championships”. Students are motivated by the teachers and actively participated and won. “Coming together is a beginning; keeping together is progress ; working together is success.”

The students displayed exceptional talent, dedication, and sportsmanship throughout the competition.

The events included CLASSWISE :

- I Grouping the food items
- II Exploring the senses with pictures
- III Animal sound safari
- IV Fixing the sense organs using only the sense of touch
- V Arrange the given pictures in the correct sequence
- VI Making creative crafts using newspaper
- VII Identify the basic Electrical symbols
- VIII Acid rain causes and effects poster making
- IX Women’s scientific excellence – An inspiration
- X Meet the Pioneers of Science
- XI Scientific innovation in our day to day life
- XII Poster making: Topic Drug Abuse

We are proud of all our students who participated in the house competition, demonstrating the true spirit of teamwork and healthy competition.

Congratulations to the Winners!



PATROL LEADERS TRAINING CAMP

We are proud to share the success of three days Scouts and Guides training which has been an enriching experience for all participants. All the Scouts and Guides teachers learnt invaluable skills. Strengthened the sense of team work and embraced the core values of leadership, service and resilience.



Training Program : Morning Session focuses on building a solid foundation in leadership, team work and essential Scouts and Guide skills.

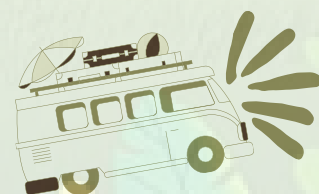
Afternoon Session : Survival skills workshop ; Teaches basic core values of skills such as building shelters, fire starting and navigating using a compass. Morning sessions focuses on Leadership Training; Effective communication skills.



74th BSG Foundation Day

On 7th November 2024, 74th BSG (Bharat Scouts and Guides) Foundation Day was celebrated in our school. As we celebrated this day, we remember the vision and dedication of our founders.

We honour their legacy and make the students inspire and empower to become responsible citizens and leaders of tomorrow.





During 36th Annual Day Mrs. Prabhavathi, Head of the Physical Education Department was honored by our honourable Chairman and CEO SAI PRAKASH LEOMUTHU for the BEST PERFORMANCE IN INTER - SCHOOL COMPETITION.

Teachers carrom Tournament - A Fun - Filled Evening of Friendly Competition. Teachers carrom competition took place in Bangalore. Mrs. Prabhavathi, Head of the Physical Education Department and Mrs. Gajalakshmi, Department of Hindi have won in the Carrom Intra - School competition.



Life Skill Learning...

நடுவர்: தசுசின் நா

சிந்தனைப் பட்டிமன்றம்



இளைஞர்களின் முன்னேற்றத்திற்குப் பெரிதும் உதவுவது வீடா? நாடா?



மாணவர்கள் அகமது மு பால பிரதீஷ் பா கலாநிதி ஆ.ச தருண் அ.



மாணவர்கள் சாருமதி பா ஸ்ரேயா சீ தர்ஷினி சா ஸ்டேபி பால்

VISIT to IGCAR (Information Centre)

Our honourable Principal G. Ashok and Academic Co-ordinator R. Saleth John arranged for the AERB VISIT.

On 20th November, our students of the science stream visited the Centre of Atomic Energy Regulatory Board, Shasthri Bhavan.

The students had the privilege of visiting the Atomic Energy Regulatory Board (AERB) centre in Chennai. they learned about the important role AERB plays in ensuring the safe use of nuclear energy and radiation in our country. Our students impressed by the cutting-edge technology

and innovative approaches used by AERB to regulate nuclear safety. They also gained valuable insights into the various careers available in the field of nuclear science and technology.

This visit has not only broadened our knowledge but also inspired us to pursue careers in science, technology, engineering, and mathematics (STEM). We also felt grateful to AERB for providing us with this enriching experience.



OUR students of VIII to XII std participated in PUTHULIR Competitions organized by TAMILNADU SCHOOLS INNOVATION AND IDEATION challenge district level program. They won the certificates and medals, add laurels to our schools.

The students of Grade 8-12 have participated in Times NIE Vista Ideathon competition and received participation certificates on 21st November, 2024.



Elegant, Expressive, Exhilaration...

Unleashing the Power of Focus: Reflections on "Focus: The Hidden Driver of Excellence"

In an age where distractions abound and attention spans are fleeting, focus is a vital skill for students seeking to excel. After reading "Focus: The Hidden Driver of Excellence" by Daniel Goleman, I gained a deeper appreciation for the power of focus and its role in shaping personal, academic, and social success. This book not only broadened my understanding of focus but also provided actionable strategies to harness it effectively.

Goleman presents focus as a multifaceted concept encompassing three dimensions: inner focus, outer focus, and other-person focus. Inner focus refers to self-awareness - the ability to understand one's strengths, weaknesses, and emotions. Outer focus is the capacity to stay attuned to one's surroundings and responsibilities, while other-person focus highlights the importance of empathy and building meaningful relationships. This nuanced perspective has shown me that achieving excellence requires balancing self-reflection, environmental awareness, and social connection.

The book offers practical strategies to cultivate focus, many of which I have integrated into my routine. A cornerstone of these strategies is mindfulness - the practice of being present and fully engaged in the moment. Regular mindfulness exercises have helped me minimize distractions and sharpen my concentration. Additionally, Goleman's emphasis on self-awareness has encouraged me to assess my learning preferences and adopt study methods that align with my strengths. Another invaluable lesson is the importance of prioritization; by focusing on critical tasks and avoiding the pitfalls of multitasking, I have significantly enhanced my productivity.

Managing distractions and procrastination is another area where Goleman's insights have been transformative. The book highlights the pervasive threat of digital distractions and the false allure of multitasking.

By creating a focused, clutter-free study environment, breaking tasks into manageable chunks, and setting clear, achievable goals,

I have developed habits that not only strengthen my attention but also reduce the stress associated with overwhelming workloads.

A particularly compelling aspect of the book is its exploration of emotional intelligence and its relationship with focus. Goleman argues that emotional intelligence - comprising empathy, communication, and social skills - underpins effective focus and collaboration. This insight has motivated me to strengthen my relationships with peers and instructors, fostering a supportive and cooperative learning environment. Recognizing the interplay between emotional intelligence and focus has also made me more mindful of my interactions and their impact on others.

One of the most practical benefits of reading "Focus" has been the improvement in my time management skills. By prioritizing tasks, dedicating uninterrupted time to key responsibilities, and minimizing procrastination, I have become more efficient in balancing academics with extracurricular activities. These strategies have helped me maintain a sense of clarity and purpose, ensuring that I remain motivated and engaged in my studies.

Reflecting on my journey with this book, I have identified three transformative lessons. First, focus is not an innate ability but a skill that can be cultivated with intentional practice. Second, attention is a precious resource that must be allocated wisely. Third, mastering focus leads not only to academic excellence but also to a richer and more fulfilling life.

This includes scheduling regular mindfulness sessions, setting clear and measurable goals, creating distraction-free study spaces, and engaging in active learning techniques to reinforce my understanding.

In conclusion, "Focus: The Hidden Driver of Excellence" has profoundly reshaped how I approach both academics and personal growth. The book highlights that focus goes beyond mere concentration, encompassing self-awareness, environmental awareness, and empathy. By applying its strategies, I've learned to prioritize goals, build stronger relationships, and act with purpose, transforming challenges into opportunities for growth.

I wholeheartedly encourage every student to explore this thought-provoking book. Its lessons go far beyond academics; they equip us with the tools to excel in every aspect of life. In a world brimming with distractions, the ability to harness focus is a superpower - one that can unlock our potential and propel us towards greatness. By embracing these strategies, we not only enhance our performance but also cultivate a sense of fulfilment and purpose that extends beyond the classroom. In mastering the art of focus, we discover the key to success and a pathway to becoming the best version of ourselves.

Stephy Paul, XI



சிந்தனைத் துளிகள்...

விளக்கின் ஒளியைத் தாண்டி பிரகாசித்து அவரின் சிந்தனைத் துளிகள் மதமும் மனிதனும் ஒன்றுதான் என்றும் தொடக்கமே எல்லை இல்லை அதற்கு காதலில் விழுந்து காணாமல் போகாதே, கல்வியில் மிதந்து கரைசேரு உன் மனதை ஏமாற்றி வாழ்க்கையைத் தடுமாறச் செய்யும் ஓர் ஆயுதம் அலைபேசி உன் கனவை நிறைவேற்ற கையையும் கட்டுப்படுத்து மனதையும் அலைபேசி அலைபேசியைத் தொடாமல்

நம்மிடம் இருக்கும் காலம் பாதியாகவோ முக்கால்வாசியாகவோ முழுதாகவோ இருக்கலாம் அது முக்கியமல்ல

வாழ்க்கை நம்மிடம் இருக்கும் வரை எதுவும் சாத்தியம் இல்லாமல் இல்லை.

பிறப்பு பெற்றோரின் பரிசு கல்வி என்பது ஆசிரியரின் பரிசு நம்பிக்கை என்பது வெற்றியின் பரிசு

ஒருவன் உடம்பை உழைப்பினாலும் மனதை உற்சாகத்துடனும் வைத்துள்ளானோ அவனே சாதனை ஆளாக மாறுவான்



அக்ஷயா க, XI